



Hope Experience Guatemala Advance Report

I. Travel Trips

Travel Meds: Please consult your health care provider for appropriate travel medications and required vaccinations. According to the CDC, there is risk of Dengue in Guatemala. To take precautions against mosquito bites, insect repellent with 35% DEET for skin and Permethrin for clothing is effective. For more health tips from the CDC you can visit the CDC website [here](#).

Departure: Team members will fly to Guatemala together. Please plan to connect with the team at the gate.

Luggage: For ease of travel and to eliminate the possibility of lost luggage, we recommend carry-on luggage only. The airlines will allow one carry-on that will fit in the overhead compartment and one personal item that will fit under your seat. If you must check luggage, it needs to be 50lbs or less.

Passport: Please make sure you have your current passport. **Please bring color copies of your passport with you. 1 for your carry-on, 1 for your checked luggage, and 1 for the hotel.**

Dress: The current weather is relatively warm and rainy! Current temperatures average around 75 during the day and 60 in the evenings. Please dress in lightweight clothing. Casual, comfortable attire is fine. Short sleeve or long sleeve shirts, and jeans or lightweight long pants are recommended. No shorts please. This will help prevent bug bites. A hat, a light jacket because the evenings can be chilly, and comfortable closed-toe walking shoes, that you don't mind getting muddy, are imperative. An umbrella or hooded raincoat may also be useful as it is rainy season.



II. MISC NOTES

- Guatemala is GMT-6, which is CST without adjustment for daylight savings time.
- We do not recommend carrying large amounts of cash.
- We do not recommend wearing jewelry of any kind, especially diamond jewelry.
- Although we will be staying in safe accommodations and Internet is available in the hotel, we do not recommend bringing laptops or other expensive equipment.
- If you would like to bring money to purchase souvenirs, you will be able to exchange your cash, not traveler's checks, for local currency in Guatemala.
- Water bottles will be provided for you. Please do not drink the water for any reason.
- When brushing your teeth, please use a water bottle instead of the sink water.
- Label your bag with your name and destination address.
- Label each bag inside with your name and home address.
- Carry all cash, valuables, and medications with you on board.
- Bring a change of clothes with you during the site visits if you would like to freshen up before dinner. You will not be going back to the hotel before dinner.

III. EMERGENCY CONTACT INFORMATION

Family Emergencies

- Please contact Mikayla Wilson at 417-851-5423, between 8AM - 5PM Central time. After hours she can be reached at 417-597-1006. You can also email mwilson@convoyofhope.org

Flight Emergencies

- Please contact Leah Mills. Her number between 8AM – 5PM Central time is 417-851-4439. After hours she may be reached on her cell phone 417-230-1393 (emergencies only please)

Hotel Information

Please provide your loved ones with our hotel information.

Grand Tikal Futura Hotel
Calzada Roosevelt 22-43
Cdad. de Guatemala, 01011
Hotel Front Desk: +502 2410 0800